

# Prednidelt® 30 mg suppository

Steroid therapy in a new light - **Prednidelt® 30 mg** - a suppository containing prednisone

*the only commercially available prednisone formulation in suppository form*

**It provides immediate help in pseudo-krupp and in similar cases: asthma attack, acute allergic reaction!**



***FOR CHILDREN***

***and***

***FOR ADULTS***

***EFFECTIVE***

***RECTAL STEROID***

***therapy***



# BIOTECH

**“Movement is Life”**

## Prednidelt® 30mg suppository

Why **Prednidelt® 30mg** suppository?

The active substance in Prednidelt is prednisone, which has glucocorticoid, anti-inflammatory, and anti-allergic properties, which have been used successfully in standard medical therapy for more than 40 years:

- glucocorticoid effect,
- antiexudative,
- antiproliferative,
- antiflogistic,
- immunosuppressive,
- has antiallergic properties and
- effects on the metabolism.

The Prednidelt® suppository is currently the only commercially available *prednisone* formulation in **suppository form**.

**It's tolerability and absorption properties are significantly better than the oral glucocorticoid formulations.**

**This application method is most popular in the treatment of *infants and young children*, because**

- **is well absorbed and acts quickly,**
- **does not cause fear in children,**
- **extremely efficient,**
- **the therapy can be followed accurately,**
- **does not cause local inflammation**

It is an ideal steroid therapy for adults as well, because

- can also be used when oral or injection therapy is not recommended or is not effective.

**Indications for Prednidelt® 30mg suppository:**

- Classic indications:
  - **asthma bronchiale,**
  - **allergic reactions,**
  - **acute and chronic rheumatic diseases,**
  - **ulcerative colitis,**
  - **severe acute dermatosis**
- For children:
  - **pseudokrupp (acute laryngotracheal stenosis),**
  - **krupp,**
  - **in cases of spastic bronchitis**

## **Prednidelt® 30mg** method and duration of application:

### Maximum **daily** dose in children:

- Under 1 year: 2.5-5 mg / day / kg body weight
- Between 1-10 years: 5-10 mg / day / kg body weight
- Between 10-14 years: 5-15 mg / day / kg body weight

although very different reactions are expected in children.

### Maximum **daily** dose in adults:

- hyperacute and urgent cases: 100-200mg Prednidelt
- in acute and inflammatory cases: 50-100mg Prednidelt
- in chronic diseases: 30-50mg Prednidelt

In severe, acute cases the usual **daily** dose is 100-200 mg, in case of long-term treatment 30 mg in the morning.

The duration of application depends on the disease. Acute diseases usually require only short-term therapy. **In the case of pseudo-krupp**, the application should preferably not exceed 2 days.

In case of long-term treatment, the dose should be adjusted to the circadian rhythm, so the **daily dose** should be given early in the morning (between 6 and 8 a.m.).

The application can be daily or in turn (in the second case: double dose should be given every other day).

### Overdose of **Prednidelt® 30mg**:

In severe, acute and life-threatening conditions there is no contraindication to short-term, high-dose glucocorticoid therapy.

Acute poisonings with prednisone or other glucocorticoids are not known.

Adults can tolerate 2000 mg or more of prednisone without complication.

### Contraindications to **Prednidelt® 30mg**:

- for short-term treatment:

Hypersensitivity to the active substance or to any of the excipients (solid fat).

There is no absolute contraindication in emergency cases for short-term use (1-2 days acute therapy).

- for long-term treatment:

gastric and duodenal ulcer, amoebic infection

severe osteoporosis,

systemic fungal disease,

extreme high blood pressure

narrow and wide-angle glaucoma,

before and after vaccination, Lymphadenitis after BCG vaccination,

severe viral infection (Herpes simplex and zoster, Varicella)

poliomyelitis (except bulbar encephalitis)

**Prednidelt® 30mg** side effects:

for short-term treatment:

in case of 1-2 days of treatment NO side effects

for long-term treatment:

Cushing's syndrome

obesity

hypertension

osteoporosis

muscle pain

gastric and duodenal ulcer

mental disorder

potassium deficiency

Long term treatment can *induce diabetic metabolic disorders* in patients with diabetes!

**Prednidelt® 30mg** interactions:

Co-application with **salicylates** (Aspirin, Istopirin, Kalmopyrin, Aspo) and **non-steroidal anti-inflammatory products** increases the tendency of gastrointestinal bleeding.

Co- application with **cardiac glycosides** results in an increased glycoside effect due to steroid-dependent K secretion.

In the case of co-application with **saluretics**, an increased K-secretion should be considered.

Concomitant use of **Prednidelt® 30mg** reduces the effect of **antidiabetics** or **coumarin derivatives**.

**Rifampycin, phenytoin** and **barbiturates** reduce the effect of Prednidelt® 30mg.



## Attention!!

The suppository must always be placed deep in the rectum!

It should be used during pregnancy, breast-feeding and menopause only after careful benefit / risk assessment.

Keep out of the reach of children!

## Shelf life:

Store in a cool, dry place (below 25 ° C).

Can be used until the date shown on the box.

**Do NOT use Prednidelt® 30mg suppositories after the expiry date!**



Closing date: 21. 12. 2021.



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